

# State of Hawaii Resources

## Apply for Unemployment

<https://huiclaims.hawaii.gov/#/> Apply for Unemployment Insurance

## Apply for Temporary Assistance fo Needy Families

<https://humanservices.hawaii.gov/bessd/files/2015/01/TANF-Brochure-2015.pdf>

## Apply for Financial Assistance and SNAP

[https://humanservices.hawaii.gov/wp-content/uploads/2020/03/SNAP\\_Application\\_2019.pdf](https://humanservices.hawaii.gov/wp-content/uploads/2020/03/SNAP_Application_2019.pdf)

## Apply for Low Income Home Energy Assistance Program

<HTTPS://HUMANSERVICES.HAWAII.GOV/BESSD/LIHEAP/>

## Apply for the Special Supplemental Nutrition Program for Women, Infants & Children

[https://health.hawaii.gov/wic/program\\_details/#howto](https://health.hawaii.gov/wic/program_details/#howto)

## Breakfast and Lunch for children under 18

<http://www.hawaiipublicschools.org/DOE%20Forms/Emergencies/2020GrabandGo.pdf>

## State Classification Information for Worker Exposure to COVID-19

<HTTP://LABOR.HAWAII.GOV/BLOG/NEWS/4743/>

## Up-to-Date Information on Emergency Relief

<https://www.fema.gov/disaster/3431>

## Spectrum Free 60-day Internet Service for families with children

FREE internet service from Spectrum for 60 days:

1. Call Spectrum: 1-855-243-8892
2. Speak to the Sales Team
  - AUTOMATED QUESTION - Phone Number: say, "I don't have an account" or press 2
  - AUTOMATED QUESTION - What are you calling about: say "Setting up a new account" or press 2
  - Say or Enter your Zipcode

3. When speaking with the Sales Team operator:
  - Let them know that you have a student in your home that is in pre-school - college and ask to take advantage of the free 60 day service due to the Corona Virus epidemic.
4. The sales team will set families up during the phone call and make arrangements for equipment pick up or for the equipment to be mailed to the families. Families need to provide a physical and mailing address. The operator may ask for the name of the children's school(s).
5. After the 60 days are done, families will need to cancel the service and return the equipment to avoid being charged.

## Miscellaneous

### **Banks offering assistance (national branches)**

<https://www.forbes.com/sites/advisor/2020/03/12/list-of-banks-offering-relief-to-customers-affected-by-coronavirus/#7d75f56e3ee3> Banks offering assistance

### **Small business assistance**

<https://www.sba.gov/page/guidance-businesses-employers-plan-respond-coronavirus-disease-2019-covid-19> Assistance for small businesses impacted by COVID19

<https://www.sba.gov/funding-programs/disaster-assistance> Apply for small business disaster loans

### **Student Financial Aid**

[NASFAA's COVID-19 Web Center](#) Information and resources on student financial aid

### **Social Security Office Openings/Closings**

<https://www.ssa.gov/agency/emergency/> - info about Social Security Office openings/closings

### **Social and Emotional Wellbeing**

[Managing stress and anxiety](#)

[Understanding some causes of child abuse](#)

[Staying safe during COVID-19 - National Domestic Violence Hotline](#)

[Coping with Coronavirus Stress](#), Psychology Today

[Coronavirus and Mental Health](#), Mental Health America

[Taking Care of Your Mental Health in the Face of Uncertainty](#), American Foundation for Suicide Prevention

[Harvard Medical School recommends yoga, meditation to deal with coronavirus anxiety](#), The Economic Times

[Protect yourself financially from the impact of the coronavirus](#), Consumer Financial Protection Bureau

### **Information on COVID-19 from Hawaii Department of Health**

<https://health.hawaii.gov/docd/advisories/novel-coronavirus-2019/>

### **Information for Non-Profits on COVID-19**

<https://health.hawaii.gov/docd/advisories/novel-coronavirus-2019/>