

Resources for Kīpuka Honolulu (Palolo to Waipahu)

Aloha United Way

<https://www.auw211.org/Search.aspx>

State of Hawaii, Dept. of Human Services, Social Services Division, Purchase of Service Directory

<https://humanservices.hawaii.gov/wp-content/uploads/2018/07/POS-Directory-2018.pdf>

COVID19 Screening Sites in Hawaii

https://health.hawaii.gov/news/files/2020/03/COVID-19-Screening-sites-03.16.20_430-PM.pdf

U.S. DOJ, DEA, Diversion Control Division

<https://www.deadiversion.usdoj.gov/coronavirus.html>

Honolulu Police Dept. & Dept. of Community Services Homeless Outreach and Navigation for Unsheltered (HONU) – Frequently Asked Questions

http://www.honolulu.gov/rep/site/ohou/HONU_FAQ_ver_112919.pdf

State of Hawaii, Department of Health, Disease Outbreak Control Division

<https://health.hawaii.gov/docd/advisories/novel-coronavirus-2019/>

Center for Disease Control – Info for Travelers

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>

Homelessness - Partners In Care COVID19 Resources:

<https://www.partnersincareoahu.org/covid19>

O`ahu Homeless Help Card

https://www.honolulu.gov/rep/site/ohou/ohou_docs/2019_Oahu_Homeless_Help_Card_REV6.19_10x7.pdf

City & County of Honolulu, Mayor's Office of Housing

<http://www.honolulu.gov/housing/home.html>

Other Resources and Information:

Amazon Future Engineer offers free online computer science classes for any student or teacher affected by COVID-19 in the US

https://edhesive.com/amazon/free_access/apply

2 months Free Internet by Comcast:

<https://www.internetessentials.com/covid19>

FREE internet service from Spectrum for 60 days:

1. Call Spectrum: 1-855-243-8892
2. Speak to the Sales Team
 - o AUTOMATED QUESTION - Phone Number: say, "I don't have an account" or press

- AUTOMATED QUESTION - What are you calling about: say "Setting up a new account" or press 2
 - Say or Enter your Zipcode
3. When speaking with the Sales Team operator:
 - Let them know that you have a student in your home that is in pre-school - college and ask to take advantage of the free 60 day service due to the Corona Virus epidemic.
 4. The sales team will set families up during the phone call and make arrangements for equipment pick up or for the equipment to be mailed to the families. Families need to provide a physical and mailing address. The operator may ask for the name of the children's school(s).
 5. After the 60 days are done, families will need to cancel the service and return the equipment to avoid being charged.

Grocery stores special shopping periods

By HNN Staff | March 17, 2020 at 2:09 PM HST - Updated March 18 at 1:29 PM

HONOLULU, Hawaii (HawaiiNewsNow) - A number of grocery stores are setting up special shopping periods for seniors amid growing fears coronavirus is spreading in the community.

The elderly and those with serious pre-existing conditions are at highest risk of developing severe symptoms from coronavirus, or COVID-19.

In a bid to protect those customers, these stores have set up special shopping periods for at-risk populations:

- Target will reserve the first hour of shopping daily for senior citizens.
- Foodland will set aside the first hour of business at stores statewide on Tuesday, Thursday and Saturday to serve only those 60 and older and their caretakers. The program will start Thursday and continue through March 31.
- Times Supermarkets will reserve the first hour of its store opening every day for seniors and people with serious chronic medical conditions. The change will go into effect on Friday until further notice.
- Tamura's Market will open Monday, Wednesday and Friday from 7:15 to 8 a.m. for seniors (age 60 and older) and an accompanying family member or caregiver. This will start Friday and continue through March 30.
- Whole Foods Market stores will open for seniors 60 and older one hour before opening.

Resources for Kīpuka Ko‘olau Poko & Hale ‘Aha (Palolo to Maunaloa, Waimānalo to North Shore, Wahiawā)

COVID-19 screening sites:

https://health.hawaii.gov/news/files/2020/03/COVID-19-Screening-sites-03.16.20_430-PM.pdf

Emergency Food Pantry

45-175 WAIKALUA ROAD, KANEOHE

Held Tuesdays and Thursdays from 9:30 am to 11:30 am. Any closures will be posted at building. Individual and family must be a permanent resident(s) of any Windward community from Waimanalo north to Kahuku.

You must complete an application and provide the following documents: a picture ID for adults in the household, proof of residence (lease agreement or current utility bill), proof of income (recent check stub, documentation of government assistance, or any other forms of income), identification for children living in the home (birth certificates, custody paperwork, etc.)

Hawaii Department of Health

<https://health.hawaii.gov/>

Resources to help your keiki

It's easy to know when your child has a fever. A child's mental health problem may be harder to identify, but you can learn to recognize the symptoms.

<http://helpyourkeiki.com/common-problems/>

Crisis Line

24/7 free confidential text message service for people in crisis. Text HOME to 741741 in the United States <https://www.crisistextline.org/>

Support for emotional wellbeing <https://ok2talk.org/>

Talking to kids about COVID-19

<https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>

<https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>

24/7 HOTLINE & CRISIS HOTLINES

Program	Website/Address	Contact Information	Program Information
Suicide Access Line			
<i>Oahu</i>		(808) 832-3100	
<i>Neighbor Islands</i>		1-800-753-6879	
Child Abuse and Neglect Reporting			
<i>Oahu</i>		(808) 832-5300	
<i>Neighbor Islands</i>		1-888-380-3088	
Elder Abuse and Neglect Reporting	http://elder-abuseca.com/stateResources/hawaii.html		
<i>Oahu</i>		(808) 832-5115	
<i>Hilo</i>		(808) 933-8820	
Public Assist			
Child Help USA		1-800-4-A-Child (1-800-422-4453)	24-Hour child abuse hotline
Domestic Violence Shelter & Crisis Hotline		(808) 841-0833 (808) 526-2200	Safety planning, crisis intervention, emergency shelter
National Domestic Violence Hotline		1-800-799-7233	
Poison Center		1-800-222-1222	Information and Advocacy

Prevent Child Abuse Hawaii		(808) 951-0200	Domestic violence (PACT)
Pu'uhoonua Crisis Counseling		(808) 585-7944	Domestic Violence
Senior Abuse Hotline			
Adult Protective Services		(808) 832-5115	
Honolulu Elderly Affairs Division		(808) 768-7700	
Sex Abuse Treatment Center			
24-Hour Hotline		(808) 524-7273	
Daytime Main Line		(808) 535-7600	
Helping Hands Hawaii Suicide and Crisis Center		(808) 521-4555	After hours emergencies, suicide & crisis line
United Self-Help Warm Line		(808) 931-6444	Suicide crisis line (Monday - Sunday: 4:30 pm - 9:00 pm)
DISASTER RELIEF			
Program	Website/Address	Contact Information	Program Information
American Red Cross - Hawaii Chapter	www.hawaiiredcross.org	(808) 734-2101	
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Hawaii Emergency Management	https://dod.hawaii.gov/hiema/	(808) 733-4300	Local statewide information
FEMA - Federal Emergency Management	www.fema.gov	1-800-621-FEMA	Assistance and relief to victims of federally declared disasters (storms, floods, etc.) and provides emergency loans.
		1-800-462-7585 (TTY)	
Disaster Center Hawaii	https://www.pdc.org		Statewide resources
Christian Reformed World Relief Committee	www.worldrenew.net	(808) 596-8980	Disaster relief by providing needs assessments, estimates, and reconstruction for those without insurance

EDUCATION

Program	Website/Address	Contact Information	Program Information
Literacy Development			
Hawaii Literacy, Inc	www.hawaiiliteracy.org HONOLULU, HI 96817	245 N KUKUI STREET #202, (808) 537-6706	
C-Based or GED			
<i>Oahu</i>		(808) 537-6706	
<i>Hawaii</i>		(808) 329-1180	
<i>Kauai</i>		(808) 332-5544	
Elementary Schools			
Program	Website/Address	Contact Information	Program Information

Nanaikapono Elementary	89-153 Mano Avenue, Waianae, HI. 96792	(808) 668-5800	
Leihoku Elementary	86-285 Leihoku Street, Waianae, HI. 96792	(808) 697-7100	
Maili Elementary	87-360 Kulaaupuni Street, Waianae, HI 96792	(808) 305-4600	
Waianae Elementary	85-220 McArthur Street, Waianae, HI. 96792	(808) 305-2900	
Makaha Elementary	84-200 Ala Naauao Place, Waianae, HI. 96792	(808) 305-2900	
Nanakuli Elementary	89-778 Haleakala Avenue, Waianae, HI. 96792	(808) 668-5813	
Kaimiloa Elementary	91-1028 Kaunolu Street, Ewa Beach, HI. 96706	(808) 689-1280	
Kapolei Elementary	91-1119 Kamaaha Loop, Kapolei, HI. 96707	(808) 305-8700	
Ewa Beach Elementary	91-740 Papipi Road, Ewa Beach, HI. 96706	(808) 307-2300	
Ewa Elementary	91-1280 Renton Road, Ewa Beach, HI 96706	(808) 307-8200	
Holomua Elementary	91-1561 Keaunui Drive, Ewa Beach, HI. 96706	(808) 685-9100	
Iroquois Point Elementary	5553 Cormorant Ave, Ewa Beach, HI. 96706	(808) 499-6501	

Keoneula Elementary	91-970 Kaileolea Drive, Ewa Beach, HI. 96706	(808) 689-1380	
Pohakea Elementary	91-750 Fort Weaver Road, Ewa Beach, HI. 96706	(808) 689-1290	
Barbers Point Elementary	Boxer Road, Kapolei, HI. 96707	(808) 673-7400	
Hookele Elementary	511 Kunehi Street, Kapolei, HI 96707	(808) 305-8500	
Makakilo Elementary	926 Anipeahi Street, Kapolei, HI. 96707	(808) 672-1122	
Mauka Lani Elementary	92-1300 Panana Street, Kapolei, HI 96707	(808) 672-1100	
Middle Schools			
Program	Website/Address	Contact Information	Program Information
Waianae Intermediate	85-626 Farrington Hwy, Waianae, HI. 96792	(808) 697-7121	
Ewa Maikai Middle	91-6291 Kapolei Pkwy, Ewa Beach, HI. 96706	(808) 687-9500	
Ilima Intermediate	91-884 Fort Weaver Road, Ewa Beach, HI 96706	(808) 689-1250	
Kapolei Middle	91-5335 Kapolei Parkway, Kapolei, HI. 96706	(808) 693-7025	
High Schools/Includes 1 Middle/High School			
Program	Website/Address	Contact Information	Program Information

Waianae High School	85-251 Farrington Hwy, Waianae, HI. 96792	(808) 697-9400	
Nanakuli High & Intermediate School	89-980 Nanakuli Avenue, Waianae, HI. 96792	(808) 668-5823	
James Campbell High School	91-980 North Road, Ewa Beach, HI 96706	(808) 305-3600	
Kapolei High School	91-5007 Kapolei Parkway, Kapolei, HI. 96707	(808) 305-8000	
Charter Schools			
Program	Website/Address	Contact Information	Program Information
Ka Waihona O Ka Na'auao	89-195 Farrington Highway, Waianae, HI. 96792	(808) 620-9030	
Kamaile Academy	85-180 Ala Akau Street, Waianae, HI. 96792	(808 697-7110)	
Vocational, Technical, Trade			
Program	Website/Address	Contact Information	Program Information
Elite Massage Academy	www.elitemassageacademy.com	(808) 382-9505	
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Carpenters Union	www.carpenter.org	(808) 847-5761	
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Hawaii Carpenters Local 745	www.hicarpenterstraining.com	(808) 848-0794	
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Hawaii Healing Arts College	www.hhacdirect.com	(808)266-2462	
	-		
Hawaii Institute of Hair Design	www.hihdhawaii.net	(808) 533-6596	
	-		
Hawaii Laborers Training Program Local 368	www.hiltp.org	(808) 455-7979	
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Hawaii Plumbers-Fitters Union Local 675	www.plumbershawaii.com	(808) 536-5454	
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Hawaii Technology Instsute	www.hti.com	(808) 522-2700	
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Honolulu Nail Academy	www.honolulunailacademy.com	(808) 944-1121	
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Kapiolani Culinary Arts Program	www.culinary.kcc.hawaii.edu	(808) 734-9499	
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Makana Esthetics Wellness Academy	www.makanaacademy.com	(808) 591-6090	
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Med-Assiat School of Hawaii	www.mash.edu	(808) 524-3363	
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Olelo Community Television	www.olelo.org	(808) 834-0007	
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Paul Brown Institute at Remington College	www.paulbrowninstitute.com	(808) 772-5970	
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Travel Institute of the Pacific		(808) 591-2708	
Commerical Driver Education			
Program	Website/Address	Contact Information	Program Information
Commerical Driver Licensing Center - City & County of Honolulu	www.honolulu.gov 99-501 Salt Lake Blvd. Aiea, HI 96701	(808) 768-4185	
Professional Driving Academy		(808) 239-1371	
Leeward Community College	www.ocewd.org/transportation	(808) 455-0477	
Community School for Adults			
Program	Website/Address	Contact Information	Program Information
McKinley Community	www.mcsahawaii.org 99-501 Salt Lake Blvd. Aiea, HI 96701	(808) 594-0540	

School for Adults (MCSA)			
Farrington Campus	1101 Kalihi Street Honolulu, HI 96819	(808) 832-355	
Moanalua Campus	2825-A Ala Llima Street Honolulu, HI 96818	(808) 837-8466	
Waipahu Community School for Adults (WCSA)	www.wcsahawaii.org 94-1211 Farrington Hwy.Waipahu, HI 96797	(808) 528-9577	
Wahiawa Campus	1515 California Ave.Wahiawa, HI 96786	(808) 622-1634	
Windward Campus	730 Lliaina Street Kailua, HI 96734	(808) 254-7955	

Colleges and Universities

Program	Website/Address	Contact Information	Program Information
Chaminade University	www.chaminade.edu	(808) 735-4711	
	-		
Hawaii Pacific University	www.hpu.edu	(808) 544-0200	
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Argosy University	www.argosy.edu/hawaii	(808) 536-5555	
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University of Hawaii - Manoa	www.manoa.hawaii.edu	(808) 956-8975	

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University of Hawaii – West Oahu	www.uhwo.hawaii.edu	(808) 689-2900	
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University of Hawaii – Hilo	https://hilo.hawaii.edu/	(808) 932-7799	
	-	-	
Honolulu Community College	https://www.honolulu.hawaii.edu/	(808) 845-9211	
	-	-	
Kapiolani Community College	https://www.kapiolani.hawaii.edu/	(808) 734-9000	
	-	-	
Leeward Community College	http://www.leeward.hawaii.edu/	(808) 455-0011	
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University of Phoenix – Hawaii	https://www.phoenix.edu/campus-locations/hi/honolulu-hawaii-campus.html	(844) 937-8679	
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Windward Community College	https://windward.hawaii.edu/	(808) 235-7400	
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Financial Aid			
Program	LWebsite/Address	Contact Information	Program Information
Federal Student Aid	www.fafsa.ed.gov	1-800-433-3243	

Ke Alii Pauahi Foundation (for Native Hawaiians)	<u>www.pauahi.org/</u> HI 96813	567 S King St #160, Honolulu,	(808) 534-3966	
Scholarships				
Program	Website/Address	Contact Information	Program Information	
Hawaii Community Foundation	<u>www.hawaiicommunityfoundation.org</u>	(808) 566-5570	Database of scholarships available for community causes and students	
Public Libraries				
Program	Website/Address	Contact Information	Program Information	
Kapolei Public Library	<u>Kapolei, HI 96707</u>	(808) 693--7050		
Waianae Public Library	<u>Waianae, HI 96792</u>	(808) 697-7868		
Ewa Beach Public Library	<u>Ewa Beach, HI 96706</u>	(808) 689-1204		
Nanakuli Public Library	<u>Waianae, HI 96792</u>	(808) 668-5844		
EMPLOYMENT				
Program	Website/Address	Contact Information	Program Information	
Alu Like	<u>www.alulike.org/services/hoomanea.html</u> #102 Hilo, HI 96720	32 Kinoole St., Carla Kurokawa, Director (808) 535-6570	Services to Hawaiians, information and referrals, employment and training, job counseling and placement, technical assistance and education	

Employment & Training			
Career Kokuu	www.careerkokua.hawaii.gov	(808) 537-2917	
	-		
Community Assistance Center	www.cachawaii.org	(808) 586-4824	
Dept. of Vocational Rehabilitation	www.humanservices.hawaii.gov/vr/		
Assists disabled individuals			
<i>Oahu</i>		(808) 586-4824	
<i>Hawaii</i>		(808) 974-6444	
<i>Kauai</i>		(808) 271-3333	
<i>Maui County</i>		(808) 984-8350	
Goodwill Industries	www.higoodwill.org	(808) 524-6942	
HCAP Job Readiness	www.hcapweb.org	(808) 521-4531	
Lanakila Pacific	www.lanakilapacific.org	(808) 531-0555	
Network Enterprises	www.networkenterprises.org	(808) 521-7774	
Assists disabled individuals			

HIRENET Hawaii	www.hirenethawaii.com	(808) 586-8868	
Dept. of Labor & Industrial Relations		TTD/TTY dial 711 (808) 586-8866	
Economic Development Center	www.pacthawaii.org HI 96819 edu@pacthawaii.org	1485 Linapuni St. #109 Honolulu, (808) 842-7093	
WorkNet, Inc.	www.worknetinc.org 1130 N. Nimitz Hwy. #B0224 Honolulu, HI 96817 Worknethawaii@gmail.com	(808) 521-7770	
Workforce Development Division	www.labor.hawaii.gov/wdd/	(808) 586-8877 TTD/TTY dial 711 Ask for: (808) 586-8877	
Dept. of Human Services	www.humanservices.hawaii.gov	(808) 586-4890	
Newman Consulting Services, LLC	www.newmanconsultingservices.com	(808) 596-0200	
Insights to Success, Inc.	1132 Bishop St. #405 Honolulu, HI 96813	(808) 532-8322	
First-To-Work			

Dept. of Human Services			
Downtown Unit 1	677 Ala Moana, #720	(808) 587-3850	
Downtown Unit 2	677 Queen St., #400 A	(808) 587-5250	
Kailua Unit	354 Uluniu St., #401	(808) 266-9620	
Wahiawa	1008 California Ave., Bldg. 8	(808) 622-9620	
Waianae	601 Kamokila Blvd., #138	(808) 692-7760	
Waipahu	94-275 Mokuola St., #105	(808) 675-0081	

MEDICAL & WELL BEING

Program	Website/Address	Contact Information	Program Information
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Community Health Centers

Kalihi Palama Health Center	www.kphc.org	(808) 848-1348	
<i>Main Clinic</i>	915 N. King St. Honolulu, HI 96817	(808) 848-1438	
<i>Safe Haven Clinic</i>	41 S. Beretania St.	(808) 524-7233	
<i>Kaaahi Street Clinic</i>	546 Kaahi St.	(808) 791-6342	
<i>Summer Street Clinic</i>	350 Summer St., Ste. 101 Honolulu, HI 96817	(808) 531-6322	
Kohou Street Clinic	904 Kohou St. # 306 & 307 Honolulu, HI 96819	(808) 791-9400	
Kokua Kalihi Valley	www.kkv.net	(808) 791-9400	
<i>Main clinic</i>	2239 N. School St. Honolulu, HI 96819		
<i>Kaahi Street Clinic</i>	1475 Linapuni St. #A-175 Honolulu, HI 96819		

Ko'olauloa Community Health and Wellness Center	www.koolauloachc.org		(808) 293-1171
<i>Kahuku Site</i>	56-565 Kamehameha Hwy. Kahuku, HI 96731		(808) 293-1171
<i>Hauula Site</i>	54-316 Kamehameha Hwy. Hauula, HI 96717		(808) 293-5377
Waimanalo Health Center	www.waimanalohc.org		(808) 259-7948
	41-1374 Kalaniana'ole Hwy. Waimanalo, HI 96795		(808) 259-7949
Waianae Coast Comprehensive Health Center	www.wcchc.com		(808) 697-3300
<i>Main Clinic</i>	86-260 Farrington Hwy. Waianae, HI 96792		(808) 697-3490
<i>James & Abigail Campbell Clinic</i>	87-2070 Farrington Hwy., Ste. N Nanakuli, HI 96792		(808) 697-3900
<i>Kapolei Clinic</i>	599 Farrington Hwy., Ste. 100 Kapolei, HI 96707		(808) 697-3818
<i>Waipahu Clinic</i>	94-428 Mokuola St., Rm. 108-B Waipahu, HI 96792		(808) 697-3888
<i>Waiola Clinic</i>	86-120 Farrington Hwy., Ste. C305-A Waipahu, HI 96792		(808) 697-3133
Waikiki Health Center			
<i>Oahu</i>	277 Oahu Ave. Honolulu, HI 96815		(808) 992-4787
<i>Makahiki Clinic</i>	935 Makahiki Way Honolulu, HI 96826		(808) 922-4790
<i>Care-A-Van</i>	3020 Wai'alae Ave. Honolulu, HI 96815		(808) 992-4790
<i>PATH Clinic</i>	845 22 nd Ave. Honolulu, HI 96816		(808) 791-9390
Medical Centers & Hospitals			
Queen's Medical Center	www.queensmedicalcenter.org 96813	1301 Punchbowl St. Honolulu, HI	(808) 691-1000

Castle Medical Center	www.adventisthealth.org 96734	640 'Ulukahiki St. Kailua, HI	(808) 263-5500	
Kuakini Health Center	https://www.kuakini.org/wps/portal/ 96817	347 N. Kuakini St. Honolulu, HI	(808) 536-2236	
Hawaii Pacific Health	www.hawaiipacifichealth.org		1-877-709-9355	
<i>Straub Medical Center</i>	888 S. King St. Honolulu, HI 96813		(808) 522-4000	
<i>Kapiolani Medical Center</i>	1319 Punahou St. Honolulu, HI 96826		(808) 983-6000	
<i>Pali Momi Medical Center</i>	98-1079 Moanalua Rd. Aiea, HI 96766		(808) 486-6000	
<i>Wilcox Medical Center</i>	3-3420 Kuhio Hwy. Lihue, HI 96766		(808) 245-1100	
Kaiser Permanente	www.hpinhawaii.org		(808) 432-8000	
<i>Moanalua Clinic</i>	3288 Moanalua Rd. Honolulu, HI 96819		(808) 432-0000	
<i>Pearlridge Clinic</i>	98-1005 Moanalua Rd., Ste. 1000 Aiea, HI 96701		(808) 432-3074	
<i>Waipio Clinic</i>	94-1480 Moaniani St. Waipahu, HI 96797		(808) 432-2000	
<i>Kapolei Clinic</i>	599 Farrington Hwy. Kapolei, HI 96707		(808) 432-2000	
<i>Nanaikeola Clinic</i>	87-2116 Farrington Hwy. Waianae, HI 96792		(808) 432-3100	
<i>Kahuku Clinic</i>	56-565 Kamehameha Hwy. Kahuku, HI 96731		(808) 432-2000	
<i>Mapunapuna Clinic</i>	2828 Paa St. Honolulu, HI 96814		(808) 432-5770	
<i>Honolulu Medical Clinic</i>	1010 Pensacola St. Honolulu, HI 96814		(808) 432-2000	
<i>Hawaii Kai Clinic</i>	6700 Kalaniana'ole Hwy., Ste. 111 Honolulu, HI 96814		(808) 432-3700	
<i>Kailua Clinic</i>	201 Hamakua Dr. Bldg. B Kailua, HI 96734		(808) 432-3400	
<i>Koolau Clinic</i>	45-602 Kamehameha Hwy. Kaneohe, HI 96744		(808) 432-3800	

St. Francis Medical Clinic	2230 Liliha St. Honolulu, HI 96817	(808) 547-6500	
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FAMILY SERVICES			
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Program	Website/Address	Contact Information	Program Information
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Parent Education & Support			
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The Parent Line	www.theparentline.org		Free confidential information
Oahu		(808) 526-1222	
Neighbor Islands		1-800-816-1222	
Prevent Child Abuse Hawaii	http://www.preventchildabusehawaii.org	(808) 951-0200	
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Aloha United Way 2-1-1	www.auw211.org	Dial 2-1-1	
	-	or 1-877-275-6569	
Catholic Charities Help Line	www.catholiccharitieshawaii.org		
Oahu	1822 Ke'eaumoka St. Honolulu, HI 96822	(808) 521-4357	
Hawaii		(808) 933-4357	
Maui		(808) 873-4673	
Kauai		(808) 241-4673	
Child & Family Services	https://www.childandfamilyservice.org Family Strengthening	(808) 681-3500	The shelter itself has a 24hour hotline and a temporary shelter for domestic violence victims.
Communities in Schools		(808) 8411027	? Helps adolescents stay in & graduate high school

Early Head start		(808) 842-5996	? Child development activities for ages 0-3, Parent education
Families for R.E.A.L.		(808) 453-6478	Permanently closed Parent education for children 0-5 years
Family Peace Center – Oahu	https://pacthawaii.org/our-work/domestic-violence-prevention/family-peace-centers/oahu-peace-center/	(80) 832-0855	Domestic violence intervention
Hawaii Children’s Action Network	https://www.hawaii-can.org/	(808) 531-5502	Community support for families w/ young children
Hawaii Coalition for Dads		(808) 841-2245	?
Healthy Start		(808) 586-4400	?? Healthy start program? Intake, screening, home visits, early intervention for infants
MOMS Club	www.momsclub.org	Varies by location	Supports activities for stay-at-home moms & keiki
MOMS in Hawaii	www.momsinhawaii.com		is this a blog?
	-		
Neighborhood Place of Puna	https://neighborhoodplaceofpuna.org	(808) 696-4598	Family strengthening program. Provides ongoing weekly case management and strength based support to families with
TIFFE Outreach Program	https://808youth.com/content/tiffe-outreach-program Weaver Road Ewa Beach, HI 96706	91-1841 Fort	Strengthen youth resilience by addressing: self-awareness, self-esteem, problem-solving skills and coping skills learning

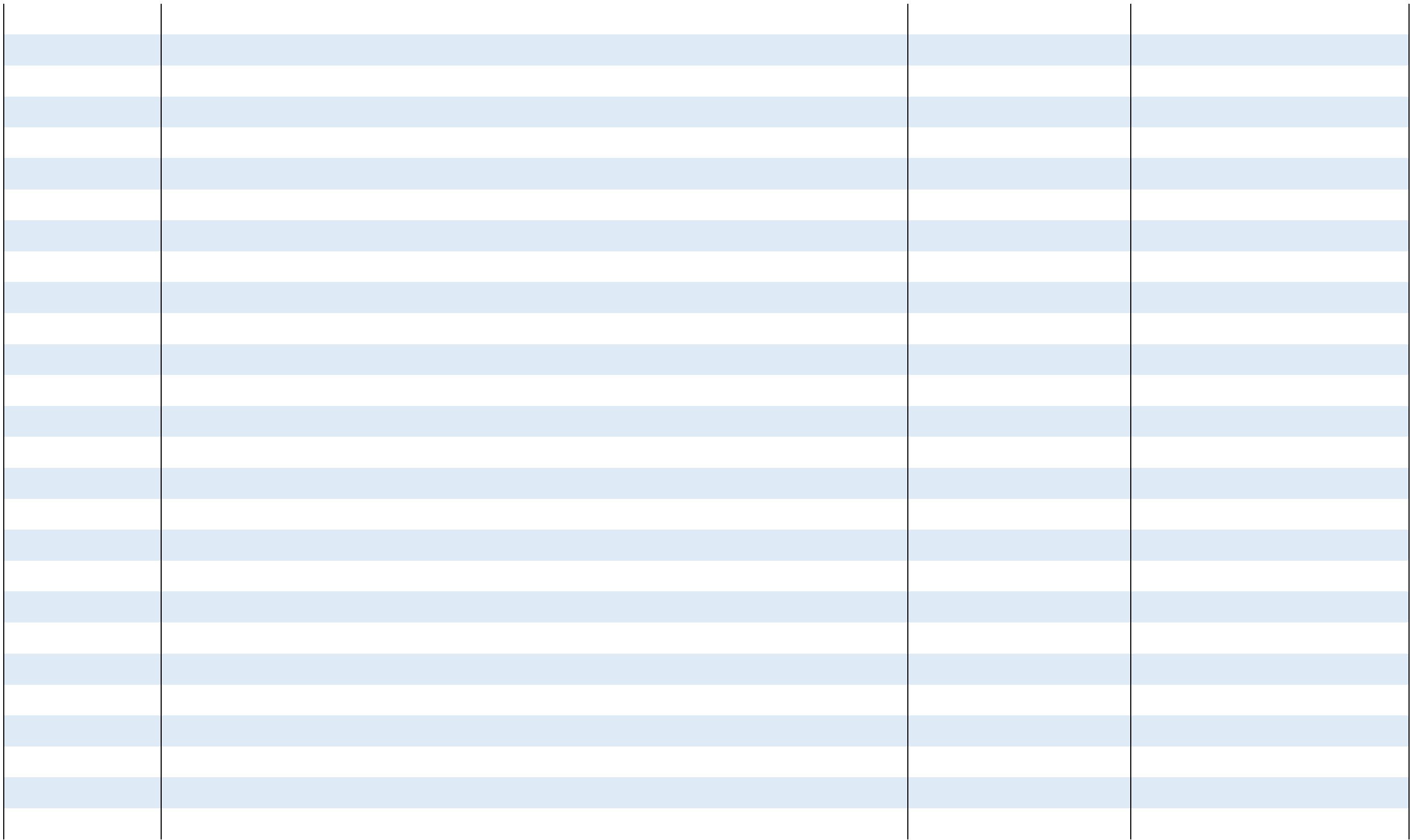
			to make healthy and positive personal decisions.
		(808) 596-8433	
Parents & Children Together (PACT)	https://pacthawaii.org/hawaii-island-programs/	(808) 847-3285	Parent education & activities, respite, other programs
Pulama I Na Keiki	http://www.alulike.org/services/ho_pulama.html	(808) 331-2618	Offers parents home visiting and group services to help keiki from birth through five years to love learning and do well in school. Service offices in: O‘ahu – Hale O Na Limahana and Leeward Area; Maui – Maui Island Center; and Hawai‘i – Kona Office. All services are free and can begin before the baby is born.
Respite Care Programs	Time out from parenting for families under stress	(808) 671-4900	Is this patch?

Pregnancy, Infants & Young Children

Program	Website/Address	Contact Information	Program Information
Aloha Mothers of Multiples	https://alohamomc.wordpress.com	(808) 864-8701	Support through education, resource networking & friendship.
American Red Cross	https://www.redcross.org/local/hawaii.html	(808) 734-2101	Infant/children CPR classes, baby sitting training

Baby SAFE Program			For pregnant women who use chemical substances
<i>Oahu</i>		(808) 696-1559	
<i>Maui</i>		(808) 243-0213	
<i>Hawaii</i>		(808) 961-5022	
Hawaii Mothers Milk	https://www.hawaiipacifichealth.org/womens-centers/womens-services/groups/reproductive-health-maternity/hawaii-mothers-milk/	(808) 949-1723	Information on breastfeeding
Healthy Mother, Healthy Babies	https://www.hmhb-hawaii.org	(808) 737-5805	Free pregnancy resources
Keiki Injury Prevention Coalition	http://kipchawaii.org	(808) 537-9200	Prevent & reduce child injuries
Kids Health Insurance		2_1_1	Is this CHIP??Free or low cost healthcare for children
La Leche League	http://llnorcal.org/groups/hawaii/		List of statewide groups and times
<i>Maui</i> -		Mary Jane mauidoula@hotmail.com	
<i>Big Island-Kona</i> -		Rachel (808) 325-3055	
<i>Big Island-East Hawaii and Kau</i> -		Holli (808) 265-1416	
<i>Kauai-South Shore</i> -		Kristen llkauaisouth@gmail.com	
<i>Kauai-Princeville</i> -		Mele (808) 826-6467	

Imua Family Services	www.imuafamilyservices.org	(808) 244-7467	Services provided to Maui, Lanai, Molokai
Maui	11 S. Wakea Ave. Kahului, HI 96732		
Molokai	30 Oki Pl, Kaunakakai, HI 96748		
Mary Jane Program		(808) 261-9776	Helps women & families w/ unplanned pregnancy
PATH Clinic	845 22 nd Avenue Honolulu, HI 96816	(808) 791-9390	Substance abuse, pregnancy care, parenting
Planned Parenthood	839 S Beretania St, Honolulu, HI 96813	(808) 769-0045	Substance abuse, pregnancy care, parenting
Women's Way		(808) 732-2802	?? Free pregnancy resources
Women, Infant & Children	(WIC) Nutrition for young children	Tammy Arquero (808) 586-4768	WIC is a federally funded program which provides Hawaii residents with nourishing supplemental foods, nutrition education, breastfeeding promotion and health and social service referrals.
Churches			
Program	Website/Address	Contact Information	Program Information
Aloha Nani Church	909 Haumea Street, Kapolei, HI. 96707	(808) 385-0138	



**SERVICES AVAILABLE THROUGH
 WAIANAЕ COAST COMPREHENSIVE HEALTH CENTER (WCCHC): *shaded boxes*
 OTHER COMMUNITY RESOURCES: *unshaded boxes*
 (Updated 7-2-2019)**

TOPIC AREA	SERVICE RESOURCE	CONTACT
Adoption Services	Adoption Help	1-800-637-7999
	Catholic Charities	527-4680
	Hawaii Adoption Services	1-800-923-6784
Asthma Education	WCCHC Asthma Intervention Program assists patients in identifying possible asthma triggers and preventive measures to decrease the incidence of asthma episodes as well as medication management.	697-3599
Breastfeeding	WCCHC Women, Infants, and Children (WIC) supplemental nutrition program. Participants must be pregnant, breast-feeding or postpartum women; or infants and children under age five, who meet income guidelines and have a medical or nutritional risk. Services available in Waianae and Ewa.	697-3504
	Breastfeeding Hawaii	breastfeedinghawaiicoalition@gmail.com
	Hawaii Mothers Milk Inc. (Information on breastfeeding)	949-1723
	La Leche League (Leeward)	672-5789
Child Care	Child Care Connection – Child Care Subsidies (Nanakuli Unit)	483-7340
	HCAP Head Start	847-2400
	PACT Hawaii	842-5996
	Parent – Child Interactive Playmornings (Nanakuli, Waianae, Maili)	259-0177
	PATCH	839-1988
	Preschool Open Doors – Preschool Subsidies	587-5254
	Tiny Tots Program (Parks and Rec., ages 3-5) Pearl City to Waianae	671-0561
Child Development	PARENTS Inc. Hawaii	235-0255
Crisis Services	Adult Mental Health – 24 hour Access Line	832-3100
	Child Welfare/Protective Services	832-5300
	Domestic Violence Action Center Legal Helpline	531-3771
	Domestic Violence Drop-in Center	585-7944
	Domestic Violence Hotline (Town/Leeward)	24-hour Hotline: 841-0822
	Hawaii’s Homeless Women and Children	524-8855
	Sex Abuse Treatment Center	535-7600
	Shelter and Crisis Lines for Family Violence	841-0822
Dental	WCCHC Dental provided to adults and children at main health center in Waianae and through a school-based site at Kamaile Academy in Waianae.	697-3496
Diabetes	WCCHC screening, intervention, management and group support offered at the main clinic in Waianae and satellite clinics in Nanakuli, Kapolei and Waipahu.	Main Campus: 697-3237 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888
	WCCHC health education classes for patients managing diabetes. Various locations/dates/times available.	Main Campus: 697-3237 Nanakuli: 697-3900 Kapolei: 697-3800

**SERVICES AVAILABLE THROUGH
 WAIANAЕ COAST COMPREHENSIVE HEALTH CENTER (WCCHC): *shaded boxes*
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 (Updated 7-2-2019)**

TOPIC AREA	SERVICE RESOURCE	CONTACT
Elderly Services	Adult Protective Services	832-5115
	Alu Like Ke Ola Pono No Nā Kūpuna	535-6700
	Catholic Charities – Housing Assistance (60 & older)	595-0077
	Kulaokahua – Transitional Housing of the Elderly	522-8175
	Senior Help Line	768-7700
Emergency Services	WCCHC 24-hour emergency medical services Located at main health center at 86-260 Farrington Highway, Waianae	697-3300
	Poison Center	941-4411 or 1-800-222-1222
	Police, Fire and Ambulance	911
	Suicide and Crisis Center (24 hours)	832-3100 or 1-800-784-2433
Exercise/Physical Activity	WCCHC Fitness Center at the main clinic in Waianae offers a variety of fitness classes free to patients and \$1 per class for non-patients.	697-3558
	WCCHC individual fitness training free to patients at main campus Fitness Center.	697-3558
	WCCHC’s Ohana Fit online program offers free access to fitness and health education material 24 hours a day, 7 days a week, whenever and wherever it is most convenient for you.	www.ohanafit.org
Falls Prevention	Child & Family Service Gerontology Program	543-8468
Family Planning	WCCHC individual and group education is provided at all clinic sites covering pregnancy prevention, birth control, and STD information.	Main Clinic: 697-3300 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888
	WCCHC Family Planning Outreach Program	697-3453
	WCCHC Women’s Health	697-3480
Farmers Markets	WCCHC offers three Makeke (farmers & green markets): Waianae Mall (Saturdays 8am – noon), WCCHC Main Campus “Mini Market” (Tuesdays, 9am – noon), and Nanakuli Library (opening August 8, 2019 – Thursdays, 3:30 – 7pm)	697-3709
Health Care	WCCHC Serves Leeward and Central Oahu through a main clinic in Waianae and satellite clinics in Waianae Mall, Nanakuli, Kapolei and Waipahu as well as School-Based Health Centers at Waianae High, Waianae Intermediate and Nanakuli High & Intermediate Schools. Services provided include (in alphabetical order): Adolescent Health, Behavioral Health, Case Management, Dental, Diabetes Intervention, Emergency Room (open 24 hours, 365 days a year), Family Planning, Fitness Gym and Programs, Health Education, Health Professions Career Training, Health Emergency Liaison Program, Homeless Outreach, Imaging, Institutional Review Board for Research, Integrative Weight Management Program, KWIC Walk-in Clinics, Laboratory), Makeke Farmers & Green Markets), Native Hawaiian Healing, Nutrition Counseling, Pain Management, Patient Assistance Services, Perinatal Case	Main Clinic: 697-3300 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888

**SERVICES AVAILABLE THROUGH
 WAIANAЕ COAST COMPREHENSIVE HEALTH CENTER (WCCHC): *shaded boxes*
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TOPIC AREA	SERVICE RESOURCE	CONTACT
Health Care (continued)	Management, Pharmacy (Waianae & Kapolei), Primary Care Clinics: (Adult Medicine, Family Practice, Pediatrics, Women’s Health), Mammography, Restaurant, School-Based Health Centers (Waianae High, Waianae Intermediate & Nanakuli High & Intermediate Schools), Specialists (Cardiology, Dermatology, Endocrinology, General Surgery, Nephrology, Obstetrics/Gynecology, Orthopedics, Ophthalmology, Optometry, Podiatry), Substance Abuse Treatment, Tobacco Cessation, Transportation, Vision Care, Women, Infants and Children Program (WIC).	
HIV/STD Services	WCCHC offers testing, treatment and counseling at all clinic sites.	Main Clinic: 697-3300 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888
	Diamond Head Health Center	733-9281
	Life Foundation	521-2437
Homeless	WCCHC Homeless Outreach Program	697-3586
	Catholic Charities Intake – Information and Referral	521-4357
	Hale Ulu Pono	682-4466
	Homeless Situations – Transitional Housing	973-0600
	Housing and Community Development Corporation of Hawaii (HCDCH) Housing applications and Rent subsidy	832-5960
	Institute for Human Services (Men)	537-2724
	Institute for Human Services (Women)	845-7052
	Kealahou West Oahu Outreach Program	696-5667
	Kumuhonua Transitional Living Center (Kalaeloa)	682-5494
	Lighthouse Shelter	680-0833
	Ma’ili Land Transitional Shelter	696-4885
	Next Step Shelter	922-4790
	Ohana Ola O Kahumanu Transitional Shelter	696-4039
	Onelau’ena (Hope for a New Beginning)	861-0072
	Onemalu Transitional Shelter	682-3869
	Pai’olu Kai’aulu (Waianae Civic Center)	696-6770
Section 8 Rental Assistance Program	523-4266	
Ulu Ke Kukui	620-9011	
Hospice Care	Bristol Hospice Hawaii, LLC	536-8012
	Hospice Hawaii	924-9225
	Islands Hospice	550-2552
	St. Francis Hospice	595-7566
Intimate Partner Violence	Catholic Charities	521-HELP (4357)
	Child and Family Service – Domestic Violence Hotline	24-hour Hotline: 841-0822
	Child Welfare/Protective Services	832-5300
	Domestic Violence Action Center (DVAC) – O’ahu	531-3771
	Domestic Violence Drop-in Centers	24-hour Hotline: 526-2200

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TOPIC AREA	SERVICE RESOURCE	CONTACT
Intimate Partner Violence (continued)	(Ohia Shelter – 24 hour hotline)	
	Domestic Violence Drop-in Centers (Pu'uhonua Crisis Counseling)	585-7944
	Family Peace Center	832-0855
	Sex Abuse Treatment Center	24-hour Hotline: 524-7273
	Temporary Restraining Order Division (TRO)	538-5959
Meal support	WCCHC Health Promotions Department offers several meal support programs including Keiki Food Pantries at four Waianae Coast schools and other food distribution events. Call for details.	697-3709
	WCCHC Homeless Outreach Program (provides monthly calendar of Food Banks on Leeward Coast)	697-3586
	Ask Aloha United Way – Referral to pantries in your area	257-2000
	Food Stamps (Leeward Oahu)	697-7147
	Hawaii Food Bank	836-3600
	Hawaii Meals on Wheels	988-6747
	Honolulu Community Action Programs (HCAP) Leeward District	696-4261
	Lanakila Meals on Wheels	531-0555
Salvation Army (Family Services Office) Leeward Corps	487-1636	
Mental health	WCCHC Behavioral Health services for adults, children and adolescents on the main campus, Waipahu, Kapolei, and Ewa. www.wcchc.com/BH	Main Campus: 697-3469 Main Campus Mawaena Kai: 697-3268 Main Campus Adult Med: 697-3525) Waipahu: 697-3839 Kapolei: 697-3656 Ewa: 697-3281
	Hawaii State Department of Health Adult Mental Health Division 24-hour Suicide and Crisis Line (Oahu)	24-Hour Hotline: 832-3100
	Hawaii State Department of Health Child & Adolescent Mental Health Division – Leeward, Oahu Family Guidance Center	692-7700
Noncommercial health insurance options	WCCHC Patient Assistance Services Eligibility Coordinators help patients complete applications for the State Medicaid, Medicare Part D, State Pharmacy Assistance Program, Immigrant Health Initiative, Sliding Fee Scale, etc.	697-3403
	Med-QUEST – Low Income Health Insurance (Kapolei)	692-7364
Nutrition	WCCHC dietitians, including certified diabetes educators and a certified herbalist, are available at the main clinic in Waianae and satellite clinics in Nanakuli, Kapolei and Waipahu to assist patients in achieving better health.	Main Clinic: 697-3300 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888
	WCCHC Women, Infants, and Children (WIC) supplemental nutrition program. Participants must be pregnant, breast-feeding or postpartum women; or infants and children under age five, who meet income guidelines and have a medical or nutritional risk. Services available in Waianae and Ewa.	697-3504

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 WAIANAE COAST COMPREHENSIVE HEALTH CENTER (WCCHC): *shaded boxes*
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TOPIC AREA	SERVICE RESOURCE	CONTACT
Obtaining Prescription Medications	WCCHC onsite pharmacies are a local, nonprofit option on the main campus and in Kapolei offering convenient prescription filling/refills and medication therapy management counseling by licensed pharmacists. Sliding Fee Scale available. www.wcchc.com/Services/Pharmacy	Main Campus: 697-3438 Kapolei: 697-3784
Parenting	PACT Hawaii – Parent education/child development activities ages 0-3, for low income families	842-5996
	Families for R.E.A.L. – Classes for families & children (Leeward)	453-6478
	Good Beginnings Alliance – Parents and community councils supporting families with young children	531-5502
	Healthy Start Information and Referral	535-7660
	Parents Inc. Hawaii	235-0255
	Parent Line	526-1222
	Pulama I Na Keiki (Alu Like) – Home-based and small group education for families of Hawaii children prenatal – 5years (Leeward)	674-8409
Queen Lili’uokalani Children’s Center – Services for Hawaiian orphan or destitute children (Ewa, Waianae)	668-2314	
Perinatal Support Services	WCCHC offers prenatal care including free prenatal classes, outreach, education and social support services.	697-3594
Respite Care	Respite Child Care Programs – Time out from parenting for families under stress (Waianae – Hawaii Family Services)	696-3482
Substance Abuse Treatment	WCCHC Malama Recovery Services (Hale Kealaokekoa)	697-3722
	Drug Addiction Services of Hawaii	538-0704
	Hina Mauka	236-2600
	Ho’okaulike	696-4212
	Hoola	696-7324
	Ho’omau Ke Ola	696-4266
	Salvation Army – Addiction Treatment Services	595-6371
	Salvation Army – Women’s Way	732-2802
WCCHC Malama Recovery Services	697-3722	
Tobacco Cessation	WCCHC individual and group sessions, case management and outreach. Covers all tobacco products including e-cigs.	697-3599
Transportation to medical appointments	WCCHC free transportation provided for health center patients to and from the main campus and Nanakuli clinics.	697-3450
	Catholic Charities	524-4777
	Logisticare Hawaii (Transportation paid for by insurance)	866-475-5744
	The Handi-Van	538-0033
	The Bus	848-4500
Weight Management	WCCHC dietitians, including certified diabetes educators and a certified herbalist, are available at the main clinic in Waianae and satellite clinics in Nanakuli, Kapolei and Waipahu to assist patients in achieving better health.	Main Clinic: 697-3300 Nanakuli: 697-3900 Kapolei: 697-3800 Waipahu: 697-3888

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 WAIANAE COAST COMPREHENSIVE HEALTH CENTER (WCCHC): *shaded boxes*
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 (Updated 7-2-2019)**

TOPIC AREA	SERVICE RESOURCE	CONTACT
W.I.C (Women, Infant, Children)	WCCHC Women, Infants, and Children (WIC) supplemental nutrition program. Participants must be pregnant, breast-feeding or postpartum women; or infants and children under age five, who meet income guidelines and have a medical or nutritional risk. Services available in Waianae and Ewa.	697-3504
Youth Health Corps	WCCHC's Youth Health Corps for Waianae and Nanakuli High School students is designed to increase awareness of health issues, involve participants in community education, assist them in learning new skills, provide them with support to access higher learning opportunities and introduce them to career opportunities in the healthcare professions. Fall, spring and summer sessions are available.	Nancy Frazier: 697-3506